

AMPED™ Nitro Watermelon Flavour

NUTRITION INFORMATION		
Servings per Package: 20		
Serving Size: 1 Scoop (18 g)		
	Ave. Quantity per Serving	Ave. Quantity per 100 g
Energy	167 kJ (40 Cal)	928 kJ (222 Cal)
Protein	0 g	0 g
Fat, total	0 g	0 g
- saturated	0 g	0 g
Carbohydrate	9 g	50 g
- sugars	5 g	28 g
Dietary fibre	0 g	0 g
Sodium	4 mg	22 mg
Potassium	210 mg	1170 mg
Vitamin C	30 mg	167 mg
Inositol-stabilized arginine silicate (Nitrosigine®)	1500 mg	8330 mg
L-citrulline	1000 mg	5560 mg
Creatine monohydrate (Creapure®)	3000 mg	16670 mg
Betaine hydrochloride	1000 mg	5560 mg
Beta-alanine (CarnoSyn®)	1000 mg	5560 mg
Taurine	500 mg	2780 mg
Caffeine [from tea leaves (<i>Camellia sinensis</i>) (InnovaTea®)]	100 mg	556 mg

Ingredients: Creatine monohydrate, fructose, flavour enhancer (330, 296), inositol-stabilized arginine silicate (Nitrosigine®), cane sugar, betaine, beta-alanine, watermelon fruit powder (6%) [watermelon juice concentrate, maltodextrin, anticaking agent (551) and pectin], l-citrulline, natural flavours, dextrose, taurine, potassium citrate, lime juice powder, rice concentrate, caffeine (from tea leaves [*Camellia sinensis*]), beetroot juice powder, anticaking agent (551), stevia (*Stevia rebaudiana*) leaf extract, vitamin C (ascorbic acid)



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InnovaTea® is a registered trademark of NutriScience Innovations, LLC.